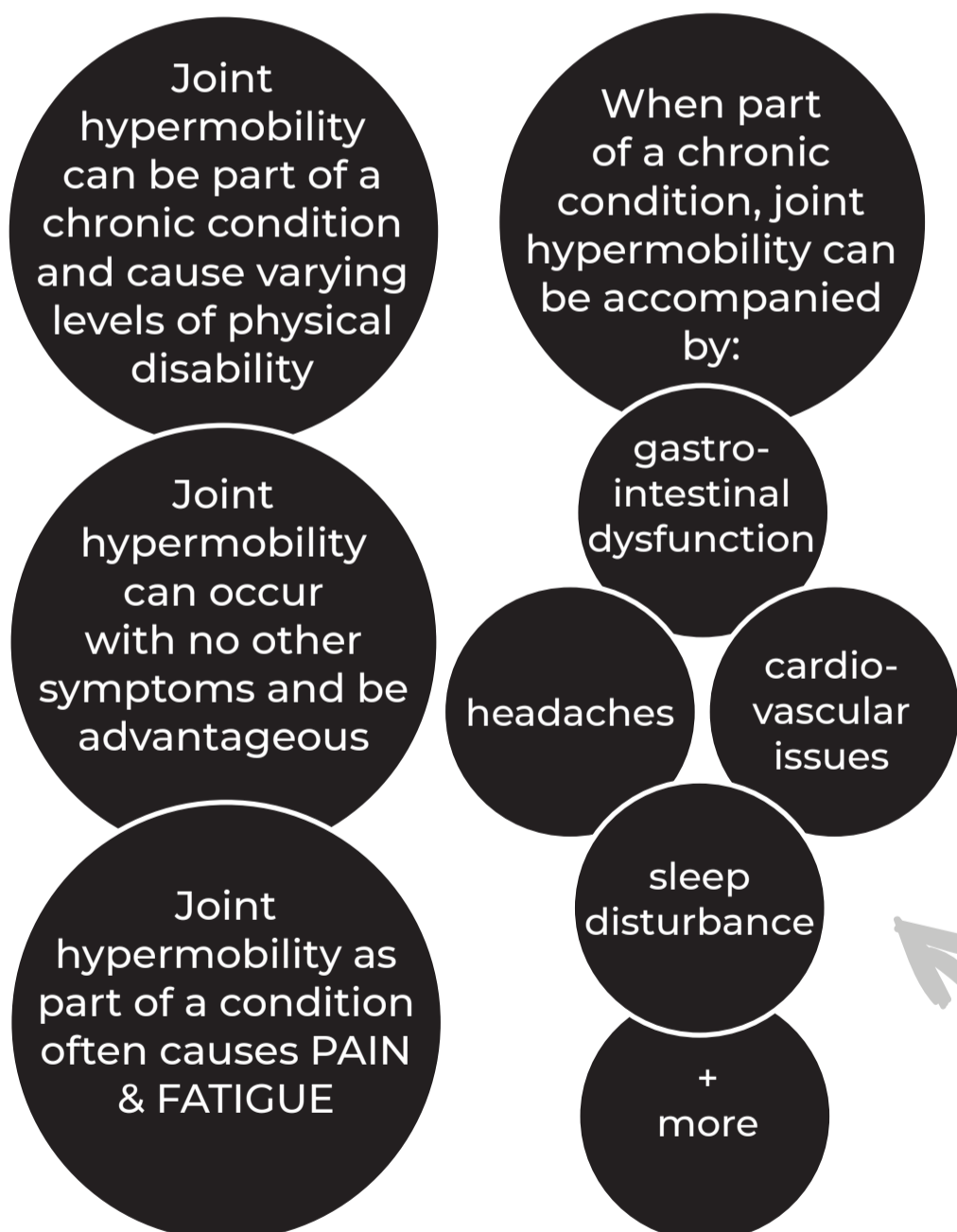


# the **HYPE** about **HYPERMobility**

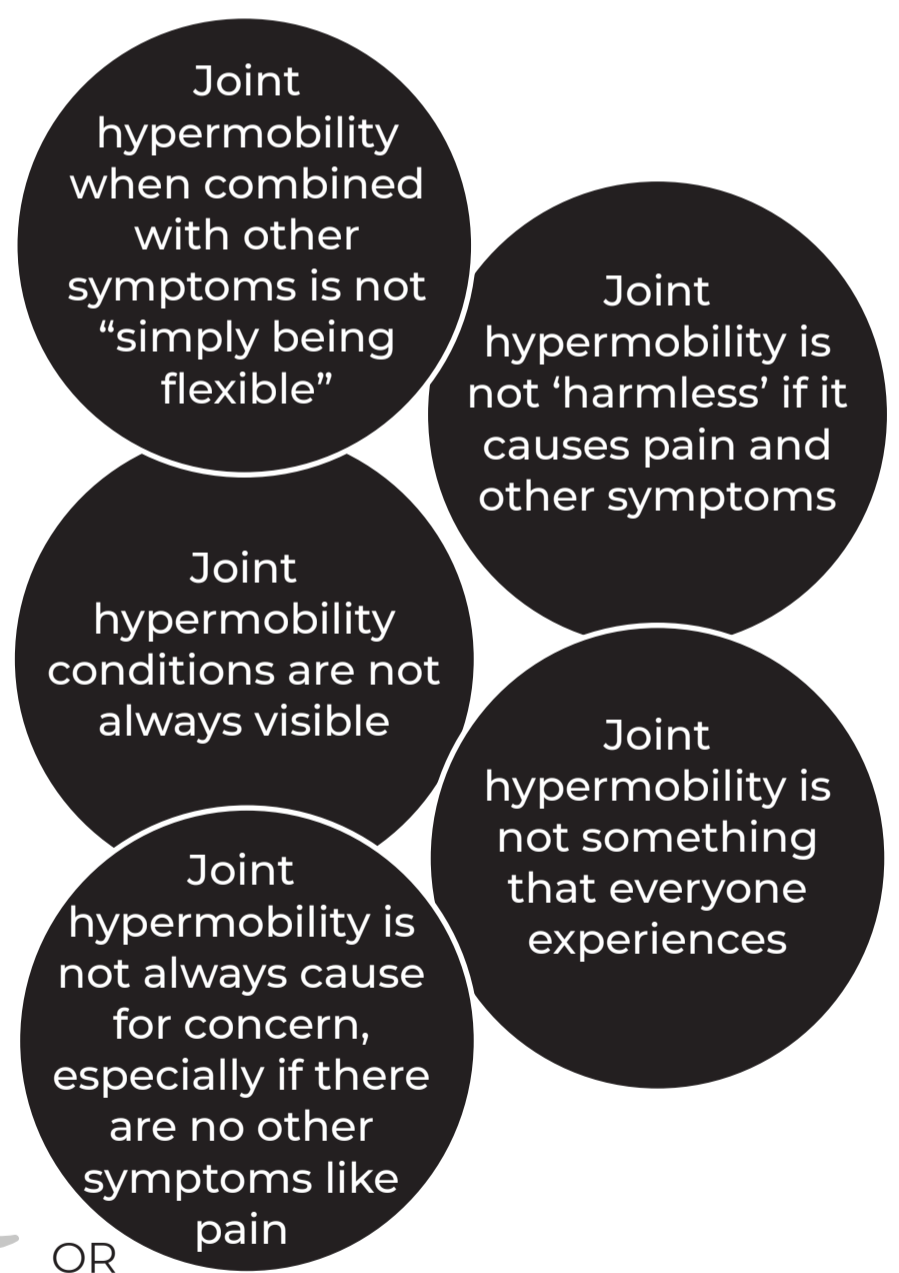
## joint hypermobility can HURT

Joint hypermobility is the presence of too much movement at any given joint of the body

### WHAT IT IS



### WHAT IT ISN'T



Symptomatic joint hypermobility is most often found in conditions such as The Hypermobility Spectrum Disorders, The Ehlers-Danlos Syndromes, Loeys-Dietz Syndrome, Marfan Syndrome, Osteogenesis Imperfecta and Stickler Syndrome

Joint hypermobility is not always beneficial or advantageous.  
Joint hypermobility can HURT.

For more info visit: [www.hypermobilityconnect.com](http://www.hypermobilityconnect.com)